
Janelle R. Goodwill, PhD, MSW, MS

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ACADEMIC APPOINTMENTS

2020-present Neubauer Family Assistant Professor
University of Chicago | School of Social Service Administration

EDUCATION

2020 Doctor of Philosophy (PhD)
University of Michigan | Joint Program in Social Work & Psychology
Dissertation Title: A multi-method analysis of stigma, social support, and suicide ideation among Black college students

2020 Master of Science (MS)
University of Michigan | Psychology
Master's Thesis Title: Media representations of popular culture figures and the construction of Black masculinities

2015 Master of Social Work (MSW)
University of Michigan | Concentration: Interpersonal Practice, Focus: Mental Health

2013 Bachelor of Arts (BA)
Michigan State University | Psychology

RESEARCH INTERESTS

Suicide and depression

Black American mental health and wellbeing

Measurement and psychometrics

Positive psychological protective factors

My research centers the mental health experiences of Black Americans, with a particular focus on suicide and depression. In this work I explore how strengths like help-seeking, coping and social support protect against adverse outcomes and ultimately promote wellbeing. Additionally, I consider how measurement and psychological scale construction influence the treatment of depression across race and gender groups. As such, the overarching goal of my research is to identify the intra- and interpersonal factors that both prevent suicide and foster flourishing for youth, young adults, and beyond.

SUBMITTED GRANTS

Status: Submitted to the National Institute of Mental Health (NIMH)

Role: **Principal Investigator**

Title: Preliminary effectiveness and feasibility of a suicide prevention intervention for Black students

Total Costs: \$753,787

Dates: 12/01/2021 – 11/30/2024

PUBLICATIONS

PEER-REVIEWED MANUSCRIPTS

12. **Goodwill, J.R.** (in press). Black youth's experiences with feelings of worthlessness, parent relationships, and suicide: Findings from a national probability survey. *Journal of Adolescent Health*. Advance online publication. <https://doi.org/10.1016/j.jadohealth.2020.12.141>
11. **Goodwill, J.R.** (in press). Testing for measurement invariance across gender in the 12-item CES-D: An investigation among a nationally representative sample of African Americans. *Cultural Diversity & Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000409>
10. Palmer, G. J., Cole-Lewis, Y.C., **Goodwill, J.R.**, & Mattis, J.S. (in press). No crystal stair: Predictors of pessimism among Black American men. *Journal of Men's Studies*. Advance online publication. <https://doi.org/10.1177/1060826520947479>
9. Watkins, D.C., **Goodwill, J.R.**, Johnson, N.C. Casanova, A., Wei, T., Allen, J., Williams, E.D.G., Anyiwo, N., Jackson, Z., Talley, L., & Abelson, J. (2020). An online behavioral health intervention promoting mental health, manhood, and social support for young Black men: The YBMen project. *American Journal of Men's Health*. Advance online publication. <https://doi.org/10.1177/1557988320937215>
8. **Goodwill, J.R.**, & Johnson, N.C., & Watkins, D.C. (2020). Adherence to masculine norms and depressive symptoms in young Black men. *Social Work*. Advance online publication. <https://doi.org/10.1093/sw/swaa029>
 - Highlighted by [University of Michigan News](#) (August 2020)
7. **Goodwill, J.R.**, & Zhou, S. (2020). Association between perceived public stigma and suicidal behaviors among college students of color in the U.S. *Journal of Affective Disorders*, 262(1), 1-7. <https://doi.org/10.1016/j.jad.2019.10.019>
 - Interviewed by [Times Higher Education](#) (December 2019)
6. **Goodwill, J.R.**, Taylor, R.J., & Watkins, D.C. (2019). Everyday discrimination, depressive symptoms, and suicide ideation among African American men. *Archives of Suicide Research*. Advance online publication: <https://doi.org/10.1080/13811118.2019.1660287>
 - Highlighted by [American Association for the Advancement of Science](#) (October 2019)
 - Highlighted by [University of Michigan Record](#) (November 2019)
 - Highlighted by [Journal of Blacks in Higher Education](#) (November 2019)
 - Highlighted by [PsychCentral](#) (November 2019)

5. **Goodwill, J.R.**, Anyiwo, N., Williams, E.G., Johnson, N.C., Mattis, J.S. & Watkins, D.C. (2019). Media representations of popular culture figures and the construction of Black masculinities. *Psychology of Men & Masculinities*, 20(3), 288-298. doi: 10.1037/men0000164
 - Interviewed by [InSocialWork podcast](#) (September 2017)
4. **Goodwill, J.R.**, Watkins, D.C., Johnson, N.C., & Allen, J.O. (2018). An exploratory study of stress and coping among Black college men. *American Journal of Orthopsychiatry*, 88(5), 538-549. doi: 10.1037/ort0000313
3. Watkins, D.C., Ober Allen, J., **Goodwill, J.R.**, & Noel, B. (2017). A Facebook intervention worth 'liking:' Strengths and weaknesses of the Young Black Men, Masculinities, and Mental Health (YBMen) Project. *American Journal of Orthopsychiatry*, 87(4), 392-401. doi:10.1037/ort0000229
2. Mattis, J.S., Powell, W., Grayman, N.A., Murray, Y., Cole-Lewis, Y.C., & **Goodwill, J.R.** (2017). What would I know about mercy? Faith and optimistic expectancies among African Americans. *Race and Social Problems*, 9(1), 42-51. doi: 10.1007/s12552-016-9190-9
1. Barry, A.E., Jackson, Z., Watkins, D.C., **Goodwill, J.R.**, & Hunte, H.E. (2016). Alcohol use and mental health conditions among Black college males: Do those attending postsecondary minority institutions fare better than those at primarily white institutions? *American Journal of Men's Health*, 11(4), 962-968. doi: 10.1177/1557988316674840

Manuscripts Under Review

2. **Goodwill, J.R.** (under review). Suicide in young Black men: Examining indirect effects between stigma, help-seeking, depression, and suicide ideation during their time in college.
1. **Goodwill, J.R.**, Mattis, J.S., & Watkins, D.C. (revise and resubmit). A qualitative analysis of Black college men's sources and descriptions of social support.

BOOK CHAPTERS & VOLUMES

2. Watkins, D.C., & **Goodwill, J.R.** (2019). Men's disparities in trauma, depression, and suicide. In D.M. Griffith, M.A. Bruce, and R.J. Thorpe (Eds.), *Handbook for Men's Health Disparities Volume 1: Foundations and Interventions*.
1. Watkins, D.C., & **Goodwill, J.R.** (2018). Men's health. In Nadal, K. L., Massula, S. L., & Rivera, D.P. (Eds.), *SAGE Encyclopedia of Psychology and Gender* (1156-1160). Thousand Oaks, CA.

PRESENTATIONS

Conference Presentations (Oral)

10. **Goodwill, J.R.** (2021). *Resilience and suicidality in Black young adults*. Society for Social Work and Research 25th Annual Virtual Conference.
9. **Goodwill, J.R.**, (2020). Psychological inflexibility, self-harm, and suicide ideation in Black young adults. American Public Health Association Annual Meeting and Expo. Virtual Conference.

8. **Goodwill, J.R.**, Taylor, R.J., & Watkins, D.C. (2020). Everyday discrimination and suicide ideation among African American Men: Examining depressive symptoms as a mediator. Society for Social Work and Research 24th Annual Conference. Washington, D.C.
7. **Goodwill, J.R.**, & Mattis, J.S. (2019). *Is stigma more harmful than we think? Assessing how stigma influences help-seeking behaviors, depression, and suicide ideation among Black men*. The Society for the Psychological Study of Social Issues Annual Conference. San Diego, CA.
6. **Goodwill, J.R.**, & Watkins, D.C. (2019). *Self-compassion, maladaptive coping strategies, and suicide ideation among Black college men and women*. Society for Social Work and Research 23rd Annual Conference. San Francisco, CA.
5. **Goodwill, J.R.**, & Watkins, D.C. (2018). *Coping responses, depressive symptoms, and suicide ideation among Black college students*. American Public Health Association Annual Meeting. San Diego, CA.
4. **Goodwill, J.R.**, & Watkins, D.C. (2018). *Conformity to masculine norms among young adult Black men*. Ford Foundation Fellows Conference. Washington, D.C.,
3. **Goodwill, J.R.**, & Watkins, D.C. (2018). *Racialized experiences of masculinity and mental health among Black college men: Voices from the YBMen Project*. Society for Social Work and Research 22nd Annual Conference. Washington, D.C.
2. **Goodwill, J.R.**, Watkins, D. C., & Mattis, J.S. (2017). *Masculinity and depression in Black college men*. American Men's Studies Association 25th Annual Conference. Ann Arbor, MI.
1. **Goodwill, J.R.**, & Watkins, D.C. (2017). *How Does Media Influence Young Black Men's Conceptualization of Masculinity? Findings from the YBMen Project*. Society for Social Work and Research 21st Annual Conference. New Orleans, LA.

Conference Presentations (Poster)

8. **Goodwill, J.R.**, & Watkins, D.C. (2018). *Adherence to masculine norms and suicide ideation in Black college men*. American Psychological Association 126th Annual Convention. San Francisco, CA.
7. **Goodwill, J.R.**, Palmer, G.J., Cole-Lewis, Y., & Mattis, J.S. (2018). *Religiosity, existential well-being and optimism among Black American men*. Society for Personality and Social Psychology Annual Convention. Atlanta, GA.
6. **Goodwill, J.R.**, Johnson, N.C., Allen, J.O, & Watkins, D.C. (2017). *How do young Black men cope with mental health challenges? Findings from the YBMen Project*. Society for Social Work and Research 21st Annual Conference. New Orleans, LA.
5. **Goodwill, J.R.**, Hammond, R., & Watkins, D.C. (2016). *Intersections of Black masculinity and popular culture*. American Men's Studies Association Conference. Ann Arbor, MI.

4. **Goodwill, J.R.,** Watkins, D.C., & Allen, J.O. (2016). *Media representations and mental health among Black college men: Findings from the Young Black men, masculinities, and mental health (YBMen) project*. Depression on College Campuses Conference. Ann Arbor, MI.
3. **Goodwill, J.R.,** & Watkins, D.C. (2016). “*Mo Money, Mo Problems*”: *Racial differences in arrest rates for violent crimes among players in the National Football League*. Society for Social Work and Research Conference. Washington, D.C.
2. **Goodwill, J.R.,** & Watkins, D.C. (2014). *Black men are killing themselves: Why aren't we talking about it?* Sujal Parikh Memorial Symposium for Health and Social Justice. Ann Arbor, MI.
1. **Goodwill, J.R.,** & Watkins, D.C. (2014). *An analysis of the news and social media reports on Black male suicide*. American Men’s Studies Annual Conference. Tacoma, WA.

Invited Presentations

5. **Goodwill, J.R.,** & Watkins, D.C. *An Introduction to Mixed Methods Research*. Dow Sustainability Fellows Program. Ann Arbor, MI. July 16, 2018.
4. **Goodwill, J.R.** *Fostering positive relationships with mentors in graduate school*. McNair Scholars Program Retreat. Roundtable Discussion. Bloomfield College. Bloomfield, NJ. August 29, 2016.
3. **Goodwill, J.R.** *Preparing a strong application for college*. Sustainable U! Institute Annual Conference. Cranbrook Institute of Science, Bloomfield Hills, MI. August 27, 2016.
2. **Goodwill, J.R.** *Reflecting upon the past four years*. College of Social Science Commencement Ceremony— Student Speaker, Michigan State University. East Lansing, Michigan. May 4, 2013.
1. **Goodwill, J.R.** *Impacts of diversity at MSU*. Green & White Homecoming Brunch, Michigan State University. East Lansing, Michigan. October 11, 2012.

MEDIA

Goodwill, J.R. (2017, September 25). How media influences young Black men's conceptualization of masculinity [Episode 224]. *InSocialWork Podcast*. Podcast retrieved from <https://www.insocialwork.org/episode.asp?ep=224>

SELECTED AWARDS AND ACHIEVEMENTS

2020	U-M Dept. of Psychology Student Diversity Research Award
2019	U-M School of Social Work Harold T. and Vivian B. Shapiro Prize
2018	U-M School of Social Work GLC Student Writing Award
2018	U-M Dept. of Psychology Barbara Perry Roberson Summer Research Award
2017	U-M School of Social Work Research Day Best Poster Award
2016-2020	Ford Foundation Predoctoral Fellowship — National Academies of Sciences, Engineering, and Medicine
2016-2017	Active Minds Emerging Scholars Fellowship
2016	Council on Social Work Education Minority Fellowship Program (<i>declined</i>)
2015-2016	U-M School of Social Work Vivian A. & James L. Curtis Endowed Scholarship

2014-2015	U-M School of Social Work Dean's Scholarship
2014-2015	U-M School of Social Work Kenneth G. Lutterman Scholarship
2013-2014	U-M School of Social Work Eleanor Cranefield Scholarship
2012	MSU Alumni Association Student Ambassador to Cape Town and Johannesburg, SA

RESEARCH EXPERIENCE

- 6/2016 – 5/2020 **Project Manager**, The Young Black Men, Masculinities, and Mental Health (YBMen) Project
Principal Investigator: Daphne C. Watkins, PhD
- Supported PI in designing and implementing a culturally-tailored, social media-based intervention designed to address Black men's experiences with mental health, masculinity, and social support
 - Supervised project staff and data collection activities
 - Lead participant recruitment and facilitated online intervention
- 9/2015 – 5/2020 **Graduate Research Assistant**, Exploring Love and Transformative Engagement Across the Diaspora (ELATED) Lab
Director: Jacqueline S. Mattis, PhD
Department of Psychology, University of Michigan, Ann Arbor, Michigan
- Examined positive psychological and psycho-social outcomes among community-dwelling African Americans in urban spaces
- 8/2015 – 8/2016 **Lab Manager**, Gender and Health Research Lab
Director: Daphne C. Watkins, PhD
School of Social Work, University of Michigan, Ann Arbor, MI
- Supported faculty and student-led projects by organizing research materials; coordinate bi-weekly lab meetings
- 10/2013 – 12/2018 **Graduate Research Assistant**, Gender & Health Research Lab
Director: Daphne C. Watkins, PhD
School of Social Work, University of Michigan, Ann Arbor, MI
- Utilized a series of qualitative and quantitative approaches to address physical and mental health disparities
- 1/2011 – 8/2012 **Undergraduate Research Assistant**, Multiple Identity Intersections Lab
Department of Psychology, Michigan State University, East Lansing, Michigan
- Administered surveys on personality preferences, along with measuring racial and gender biases in the Rating Other People Study

10/2009 – 5/2010

Undergraduate Research Assistant, Clinical Psychophysiology Lab
Department of Psychology, Michigan State University, East Lansing, Michigan

- Coordinated lab visits with participants in experiment settings to measure error processing and attention allocation in healthy and anxious/depressed individuals

TEACHING

University of Chicago

- Spring 2021 **Instructor**
Clinical Research: Using Clinical Evidence in Decision Making
MSW Course, University of Chicago
- Winter 2021 **Instructor**
Social Intervention: Research and Evaluation
MSW Course, University of Chicago

University of Michigan

- Summers 2017-2019 **Teaching Assistant**
Mixed Methods Research Certificate
Online Continuing Education Course, University of Michigan
- Winter 2018 **Instructor**
Social Work 522: Basic Social Work Research Methods
MSW Course, University of Michigan
- Fall 2017 **Section Instructor** (3 sections)
Psychology 111: Introduction to Psychology
Undergraduate Course, University of Michigan
- Winter 2014
& Fall 2015 **Peer Facilitator**
Social Work 531: Foundation Field Seminar
MSW Course, University of Michigan

UNIVERSITY SERVICE

University of Michigan

- *Member*, Rackham Task Force on Graduate Student Mental Health (2019-2020)
- *Member*, Black Graduate Conference in Psychology Planning Committee (2019)
- *Vice-President*, Black Student Psychological Association (2017- 2018)
- *Member*, Department of Psychology Diversity Committee (2016 - 2017)
- *Secretary*, Association for Black Social Work Students (2014 - 2015)

Michigan State University

- Counseling Center Campus Engagement and Outreach Ambassador (2011 - 2013)
- College of Arts & Letters Study Away Experience in New York City (Summer 2012)
- Youth Advocate, Ingham County Adolescent Diversion Project (2011 – 2012)

PROFESSIONAL EXPERIENCE

- 8/2014 – 8/2015 **Program Assistant**, American Men’s Studies Association
University of Michigan School of Social Work— Ann Arbor, MI
Assisted with all tasks related to AMSA and the international 2015 conference; provided weekly reviews of emerging scholarship and research in the area of men’s students for the AMSA member newsletter
- 8/2014 – 5/2015 **Critical Incidents Intern**, Dean of Students Office
University of Michigan— Ann Arbor, MI
Provided emergency assistance for students facing significant life challenges that inhibit their academic performance; connected students to appropriate campus and community resources
- 8/2013 – 1/2014 **Housing Support Services Intern**, Washtenaw Prisoner Reentry
Catholic Social Services of Washtenaw County --- Ann Arbor, MI
Conducted home visits with clients to provide additional support during their transition back into society; held weekly meetings to provide job search assistance, resume critiques and mock interview practice
- Summers 2011-12 **Lead Resident Mentor**, Engineering and Science Summer Academy (ESSA)
College of Engineering, Michigan State University
Oversaw all residential staff; developed and facilitated culturally relevant programs for incoming freshmen from underrepresented backgrounds in STEM

PROFESSIONAL MEMBERSHIPS

American Public Health Association
Society for the Psychological Study of Social Issues
Society for Social Work and Research

ADHOC REVIWER

American Journal of Men’s Health
BMC Psychology
Journal of Affective Disorders
Journal of American College Health
Journal of Men’s Studies: Special Issue on Ferguson
Psychology of Men & Masculinities
Social Work

References available upon request.