
Janelle R. Goodwill, PhD, MSW, MS

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ACADEMIC APPOINTMENTS

- 2020-present Neubauer Family Assistant Professor
University of Chicago | Crown Family School of Social Work, Policy, and Practice
- Fellow, Center for Health Administration Studies (CHAS) – UChicago
 - Affiliate, Center for the Study of Race, Politics, and Culture – UChicago
 - Faculty Affiliate, Vivian A. and James L. Curtis Center for Health Equity at the University of Michigan

EDUCATION

- 2020 Doctor of Philosophy (PhD)
University of Michigan | Joint Program in Social Work & Psychology
Psychology Area: Personality and Social Contexts
Dissertation Title: A multi-method analysis of stigma, social support, and suicide ideation among Black college students
- 2020 Master of Science (MS)
University of Michigan | Psychology
Master's Thesis Title: Media representations of popular culture figures and the construction of Black masculinities
- 2015 Master of Social Work (MSW)
University of Michigan | Concentration: Interpersonal Practice, Focus: Mental Health
- 2013 Bachelor of Arts (BA)
Michigan State University | Psychology

RESEARCH INTERESTS

- | | |
|--------------------------------------------|-------------------------------------------|
| Suicide prevention and depression | Measurement and psychometrics |
| Black American mental health and wellbeing | Positive psychological protective factors |

My research centers the mental health experiences of Black Americans, with a particular focus on suicide prevention and mental health promotion. In this work I explore how strengths like help-seeking, coping and social support protect against adverse outcomes and ultimately promote wellbeing. Additionally, I consider how measurement and psychological scale construction influence the treatment of depression across race and gender groups. The overarching goal of my research is to identify the intra- and interpersonal factors that both prevent suicide and foster flourishing across the lifespan.

GRANT ACTIVITIES

Title: Piloting a culturally adapted suicide prevention intervention in schools for Black youth and their families
 Status: Awarded – Active Grant
 Role: **Principal Investigator**
 Institute: National Institute of Mental Health (NIMH)
 Award Number: R34MH129789
 Total Costs: \$738,000
 Dates: 04/01/2022 – 03/31/2025

Title: Developing and evaluating a free online postvention support group for Black families surviving suicide
 Status: Submitted – Under Review
 Role: **Principal Investigator**
 Institute: American Foundation for Suicide Prevention
 Total Costs: \$151,200
 Dates: 09/01/2024 – 08/31/2026

PUBLICATIONS

PEER-REVIEWED MANUSCRIPTS

1. **Goodwill, J.R.** & Baccile, R. (*in press*). Suicide in Chicago: Methods and trends across race, ethnicity, age, and sex groups from 2015 – 2021. *American Journal of Public Health*. Advance online publication. <https://doi.org/10.2105/AJPH.2023.307511>
2. **Goodwill, J.R.** & Hope, M.O. (*in press*). Religion and suicide in Black emerging adults: Examining pathways through hope and meaning in life. *Journal of Youth and Adolescence*. Advance online publication. <https://doi.org/10.1007/s10964-023-01930-3>
3. **Goodwill, J.R.** (*in press*). Measuring hope and joy among Black Americans during the COVID-19 pandemic. *The Journal of Positive Psychology*. Advance online publication. <https://doi.org/10.1080/17439760.2023.2298949>
4. **Goodwill, J.R.** & Fike, K.J. (*in press*). Black in the pandemic: Comparing experiences of mistrust, anxiety, and COVID-19 vaccine decisions for Black adults in the U.S. *Social Science & Medicine*. Advance online publication. <https://doi.org/10.1016/j.socscimed.2023.116302>
5. **Goodwill, J.R.** (2023). Purpose in the pandemic: Hopelessness, fear of COVID-19, meaning in life and suicidal thoughts among two samples of Black Americans. *American Psychologist*. 78(6), 775–789. <https://doi.org/10.1037/amp0001171>
6. **Goodwill, J.R.** (2023). Reasons for suicide in Black young adults: A latent class analysis. *Journal of Racial and Ethnic Health Disparities*. Advance online publication. <https://doi.org/10.1007/s40615-023-01530-8>
 - Research brief published at [The Conversation](#) (April 2023)
7. **Goodwill, J.R.** & Yasui, M. (2022). Mental health service utilization, school experiences, and religious involvement among a national sample of Black adolescents who attempted suicide: Examining within and cross-race group differences. *Child and Adolescent Social Work Journal*. Advance online publication: <https://doi.org/10.1007/s10560-022-00888-8>

8. **Goodwill, J.R.** (2022). Which coping strategies moderate the depression – suicide ideation link in Black college students? A psychometric investigation. *Children & Youth Services Review*, 138. 106448. <https://doi.org/10.1016/j.chidyouth.2022.106448>
 - Research brief published at [The Conversation](#) (January 2023)

9. **Goodwill, J.R.** (2021). Black youth’s experiences with feelings of worthlessness, parent relationships, and suicide: Findings from a national probability survey. *Journal of Adolescent Health*, 69(2) 294-301. <https://doi.org/10.1016/j.jadohealth.2020.12.141>
 - Selected as one of the “**Distinguished Dozen Articles published in 2021 that make a Distinguished Contribution to Adolescent and Young Adult Health.**” Awarded by the *Journal of Adolescent Health*
<https://www.jahonline.org/2021distinguisheddozen>

10. **Goodwill, J.R.,** Mattis, J.S., & Watkins, D.C. (in press). “I didn’t know who to talk to:” Black college men’s sources and descriptions of social support. *Psychology of Men and Masculinities*. Advance online publication <https://doi.org/10.1037/men0000372>

11. **Goodwill, J.R.** (2021). Testing for measurement invariance across gender in the 12-item CES-D: An investigation among a nationally representative sample of African Americans. *Cultural Diversity & Ethnic Minority Psychology*, 27(3), 269-375. <https://doi.org/10.1037/cdp0000409>

12. **Goodwill, J.R.,** & Johnson, N.C., & Watkins, D.C. (2020). Adherence to masculine norms and depressive symptoms in young Black men. *Social Work*, 65(3), 235-44. <https://doi.org/10.1093/sw/swaa029>
 - Highlighted by [University of Michigan News](#) (August 2020)

13. **Goodwill, J.R.,** & Zhou, S. (2020). Association between perceived public stigma and suicidal behaviors among college students of color in the U.S. *Journal of Affective Disorders*, 262(1), 1-7. <https://doi.org/10.1016/j.jad.2019.10.019>
 - Interviewed by [Times Higher Education](#) (December 2019)

14. Palmer, G. J., Cole-Lewis, Y.C., **Goodwill, J.R.,** & Mattis, J.S. (2020). No crystal stair: Predictors of pessimism among Black American men. *Journal of Men’s Studies*, 29(2), 235-254. <https://doi.org/10.1177/1060826520947479>

15. Watkins, D.C., **Goodwill, J.R.,** Johnson, N.C. Casanova, A., Wei, T., Allen, J., Williams, E.D.G., Anyiwo, N., Jackson, Z., Talley, L., & Abelson, J. (2020). An online behavioral health intervention promoting mental health, manhood, and social support for young Black men: The YBMen project. *American Journal of Men’s Health*, 14(4), 1-17. <https://doi.org/10.1177/1557988320937215>

16. **Goodwill, J.R.,** Taylor, R.J., & Watkins, D.C. (2019). Everyday discrimination, depressive symptoms, and suicide ideation among African American men. *Archives of Suicide Research*, 25(1), 74-93. <https://doi.org/10.1080/13811118.2019.1660287>
 - Highlighted by [American Association for the Advancement of Science](#) (October 2019)
 - Highlighted by [University of Michigan Record](#) (November 2019)
 - Highlighted by [Journal of Blacks in Higher Education](#) (November 2019)

17. **Goodwill, J.R.,** Anyiwo, N., Williams, E.G., Johnson, N.C., Mattis, J.S. & Watkins, D.C. (2019). Media representations of popular culture figures and the construction of Black masculinities. *Psychology of Men & Masculinities*, 20(3), 288-298. doi: 10.1037/men0000164
 - Interviewed by [InSocialWork podcast](#) (September 2017)

18. **Goodwill, J.R.**, Watkins, D.C., Johnson, N.C., & Allen, J.O. (2018). An exploratory study of stress and coping among Black college men. *American Journal of Orthopsychiatry*, 88(5), 538-549. doi: 10.1037/ort0000313
19. Watkins, D.C., Ober Allen, J., **Goodwill, J.R.**, & Noel, B. (2017). A Facebook intervention worth 'liking:' Strengths and weaknesses of the Young Black Men, Masculinities, and Mental Health (YBMen) Project. *American Journal of Orthopsychiatry*, 87(4), 392-401. doi:10.1037/ort0000229
20. Mattis, J.S., Powell, W., Grayman, N.A., Murray, Y., Cole-Lewis, Y.C., & **Goodwill, J.R.** (2017). What would I know about mercy? Faith and optimistic expectancies among African Americans. *Race and Social Problems*, 9(1), 42-51. doi: 10.1007/s12552-016-9190-9
21. Barry, A.E., Jackson, Z., Watkins, D.C., **Goodwill, J.R.**, & Hunte, H.E. (2016). Alcohol use and mental health conditions among Black college males: Do those attending postsecondary minority institutions fare better than those at primarily white institutions? *American Journal of Men's Health*, 11(4), 962-968. doi: 10.1177/1557988316674840

Manuscripts Under Review

1. **Goodwill, J.R.** & Stephens, J.B. (*submitted*). Elevated levels of suicidal ideation, plans, and attempts among Black young adults during COVID-19.
2. **Goodwill, J.R.** & Ajibewa, T.A. (*under review*). A mixed methods analysis of long COVID symptoms in Black Americans: Examining physical and mental health outcomes.
3. **Goodwill, J.R.**, Marchand, A.D., & Lee, J.Y. (*submitted*). Black parent's fear of COVID-19 and hesitancy to vaccinate their children: Measuring general and race-specific mistrust.
4. **Goodwill, J.R.** & Waller, B.Y. (*submitted*). Barriers to mental health treatment for Black adults during COVID-19: Findings from a national sample

BOOK CHAPTERS & VOLUMES

1. Watkins, D.C., & **Goodwill, J.R.** (2019). Men's disparities in trauma, depression, and suicide. In D.M. Griffith, M.A. Bruce, and R.J. Thorpe (Eds.), *Handbook for Men's Health Disparities Volume 1: Foundations and Interventions*.
2. Watkins, D.C., & **Goodwill, J.R.** (2018). Men's health. In Nadal, K. L., Massula, S. L., & Rivera, D.P. (Eds.), *SAGE Encyclopedia of Psychology and Gender* (1156-1160). Thousand Oaks, CA.

SELECTED AWARDS AND ACHIEVEMENTS

2023	NIMH Loan Repayment Award – Health Disparities Section
2021	Journal of Adolescent Health Distinguished Dozen Impact Paper for 2021 Award
2020	U-M Dept. of Psychology Student Diversity Research Award
2019	U-M School of Social Work Harold T. and Vivian B. Shapiro Prize
2018	U-M School of Social Work Student Writing Award
2018	U-M Dept. of Psychology Barbara Perry Roberson Summer Research Award

2017	U-M School of Social Work Best Research Poster Award
2016-2020	Ford Foundation Predoctoral Fellowship — National Academies of Sciences, Engineering, and Medicine
2016-2017	Active Minds Emerging Scholars Fellowship
2016	Council on Social Work Education Minority Fellowship Program (<i>declined</i>)
2015-2016	U-M School of Social Work Vivian A. & James L. Curtis Endowed Scholarship
2014-2015	U-M School of Social Work Dean's Scholarship
2012	MSU Alumni Association Student Ambassador to Cape Town and Johannesburg, SA

SELECTED PRESENTATIONS

Conference Presentations (Oral)

1. **Goodwill, J.R.** (2024). *Meaning in life profiles among Black adults in the U.S.: Examining associations with suicidal ideation, planning, and attempts among a probability-based sample of Black Americans*. 3rd Annual Suicide Research Symposium. Virtual Conference.
2. **Goodwill, J.R.** (2023). *Clinical Round Table: Expanding our Case Formulations for CBT*. Association for Behavioral and Cognitive Therapies. Seattle, WA.
3. **Goodwill, J.R.** (2023). *Reasons for suicide among Black young adults in the U.S.: A latent class analysis*. Society for Social Work and Research 26th Annual Conference. Phoenix, AZ.
4. **Goodwill, J.R.** & Maxie, R. (2022). *Suicide among Black youth and young adults in Chicago: Insights from a researcher and survivor*. American Psychological Association Conference. Minneapolis, MN.
5. **Goodwill, J.R.** (2021). *Resilience and suicidality in Black young adults*. Society for Social Work and Research 25th Annual Virtual Conference.
6. **Goodwill, J.R.**, (2020). *Psychological inflexibility, self-harm, and suicide ideation in Black young adults*. American Public Health Association Annual Meeting and Expo. Virtual Conference.
7. **Goodwill, J.R.**, Taylor, R.J., & Watkins, D.C. (2020). *Everyday discrimination and suicide ideation among African American Men: Examining depressive symptoms as a mediator*. Society for Social Work and Research 24th Annual Conference. Washington, D.C.
8. **Goodwill, J.R.**, & Mattis, J.S. (2019). *Is stigma more harmful than we think? Assessing how stigma influences help-seeking behaviors, depression, and suicide ideation among Black men*. The Society for the Psychological Study of Social Issues Annual Conference. San Diego, CA.
9. **Goodwill, J.R.**, & Watkins, D.C. (2019). *Self-compassion, maladaptive coping strategies, and suicide ideation among Black college men and women*. Society for Social Work and Research 23rd Annual Conference. San Francisco, CA.
10. **Goodwill, J.R.**, & Watkins, D.C. (2018). *Coping responses, depressive symptoms, and suicide ideation among Black college students*. American Public Health Association Annual Meeting. San Diego, CA.
11. **Goodwill, J.R.**, & Watkins, D.C. (2018). *Conformity to masculine norms among young adult Black men*. Ford Foundation Fellows Conference. Washington, D.C.,

12. **Goodwill, J.R.,** & Watkins, D.C. (2018). *Racialized experiences of masculinity and mental health among Black college men: Voices from the YBMen Project*. Society for Social Work and Research 22nd Annual Conference. Washington, D.C.
13. **Goodwill, J.R.,** Watkins, D. C., & Mattis, J.S. (2017). *Masculinity and depression in Black college men*. American Men's Studies Association 25th Annual Conference. Ann Arbor, MI.
14. **Goodwill, J.R.,** & Watkins, D.C. (2017). *How Does Media Influence Young Black Men's Conceptualization of Masculinity? Findings from the YBMen Project*. Society for Social Work and Research 21st Annual Conference. New Orleans, LA.

Conference Presentations (Poster)

1. **Goodwill, J.R.,** & Watkins, D.C. (2018). *Adherence to masculine norms and suicide ideation in Black college men*. American Psychological Association 126th Annual Convention. San Francisco, CA.
2. **Goodwill, J.R.,** Palmer, G.J., Cole-Lewis, Y., & Mattis, J.S. (2018). *Religiosity, existential well-being and optimism among Black American men*. Society for Personality and Social Psychology Annual Convention. Atlanta, GA.
3. **Goodwill, J.R.,** Johnson, N.C., Allen, J.O, & Watkins, D.C. (2017). *How do young Black men cope with mental health challenges? Findings from the YBMen Project*. Society for Social Work and Research 21st Annual Conference. New Orleans, LA.
4. **Goodwill, J.R.,** Hammond, R., & Watkins, D.C. (2016). *Intersections of Black masculinity and popular culture*. American Men's Studies Association Conference. Ann Arbor, MI.
5. **Goodwill, J.R.,** Watkins, D.C, & Allen, J.O. (2016). *Media representations and mental health among Black college men: Findings from the Young Black men, masculinities, and mental health (YBMen) project*. Depression on College Campuses Conference. Ann Arbor, MI.
6. **Goodwill, J.R.,** & Watkins, D.C. (2016). *"Mo Money, Mo Problems": Racial differences in arrest rates for violent crimes among players in the National Football League*. Society for Social Work and Research Conference. Washington, D.C.
7. **Goodwill, J.R.,** & Watkins, D.C. (2014). *Black men are killing themselves: Why aren't we talking about it?* Sujal Parikh Memorial Symposium for Health and Social Justice. Ann Arbor, MI.
8. **Goodwill, J.R.,** & Watkins, D.C. (2014). *An analysis of the news and social media reports on Black male suicide*. American Men's Studies Annual Conference. Tacoma, WA.

Invited Presentations

1. **Goodwill, J.R.** *Race and suicide in Chicago: Recognizing national and local priorities for treatment and healing*. Rhoda G. Sarnat Lecture. Crown Family School of Social Work, Policy, and Practice. Chicago, IL. May 20, 2023.

2. **Goodwill, J.R.** *Suicide among Black youth and young adults: Centering priorities for prevention and intervention.* Center for Health Administration Studies, University of Chicago. November, 2021.
3. **Goodwill, J.R., & Watkins, D.C.** *An Introduction to Mixed Methods Research.* Dow Sustainability Fellows Program. Ann Arbor, MI. July 16, 2018.
4. **Goodwill, J.R.** *Fostering positive relationships with mentors in graduate school.* McNair Scholars Program Retreat. Roundtable Discussion. Bloomfield College. Bloomfield, NJ. August 29, 2016.
5. **Goodwill, J.R.** *Preparing a strong application for college.* Sustainable U! Institute Annual Conference. Cranbrook Institute of Science, Bloomfield Hills, MI. August 27, 2016.
6. **Goodwill, J.R.** *Reflecting upon the past four years.* College of Social Science Commencement Ceremony— Student Speaker, Michigan State University. East Lansing, Michigan. May 4, 2013.
7. **Goodwill, J.R.** *Impacts of diversity at MSU.* Green & White Homecoming Brunch, Michigan State University. East Lansing, Michigan. October 11, 2012.

PUBLIC SCIENCE COMMUNICATION

Op-eds, blogs, and research briefs at public outlets

1. Addressing the Black youth suicide crisis requires a new approach to licensing clinical social workers. *STAT News*. January 11, 2024. [Read here](#)
2. Hopelessness about the future is a key reason some Black young adults consider suicide, new study finds. *The Conversation*. April 20, 2023. [Read here](#)
3. Black college students who turn to their faith think less about suicide. *The Conversation*. January 31, 2023. [Read here](#)
4. Racial discrimination is linked to suicidal thoughts in Black adults and children. *The Conversation*. November 4, 2021. [Read here](#)

Selected Media Interviews

1. “As Rates of Suicide Rise Among Young Black People, Research Shows Early Intervention Can Help Save Lives.” Chicago Tonight Black Voices. WTTW Chicago PBS. September 30, 2023. [Watch/Read here](#)
2. “Black youth suicide is a crisis, expert says culturally relevant treatment is key.” WUWM Milwaukee NPR. September 29, 2022. [Read here](#)
3. The Course Podcast Faculty Interview. Episode 34. The University of Chicago Hong Kong Campus. September 15, 2022. [Listen here](#)

PRIOR RESEARCH EXPERIENCE

- 6/2016 – 5/2020 **Project Manager**, The Young Black Men, Masculinities, and Mental Health (YBMen) Project
Principal Investigator: Daphne C. Watkins, PhD
- Supported PI in designing and implementing a culturally-tailored, social media-based intervention designed to address Black men’s experiences with mental health, masculinity, and social support
 - Supervised project staff and data collection activities
 - Lead participant recruitment and facilitated online intervention
- 9/2015 – 5/2020 **Graduate Research Assistant**, Exploring Love and Transformative Engagement Across the Diaspora (ELATED) Lab
Director: Jacqueline S. Mattis, PhD
Department of Psychology, University of Michigan, Ann Arbor, Michigan
- Examined positive psychological and psycho-social outcomes among community-dwelling African Americans in urban spaces
- 8/2015 – 8/2016 **Lab Manager**, Gender and Health Research Lab
Director: Daphne C. Watkins, PhD
School of Social Work, University of Michigan, Ann Arbor, MI
- Supported faculty and student-led projects by organizing research materials; coordinate bi-weekly lab meetings
- 10/2013 – 12/2018 **Graduate Research Assistant**, Gender & Health Research Lab
Director: Daphne C. Watkins, PhD
School of Social Work, University of Michigan, Ann Arbor, MI
- Utilized a series of qualitative and quantitative approaches to address physical and mental health disparities
- 1/2011 – 8/2012 **Undergraduate Research Assistant**, Multiple Identity Intersections Lab
Department of Psychology, Michigan State University, East Lansing, Michigan
- Administered surveys on personality preferences, along with measuring racial and gender biases in the Rating Other People Study
- 10/2009 – 5/2010 **Undergraduate Research Assistant**, Clinical Psychophysiology Lab
Department of Psychology, Michigan State University, East Lansing, Michigan
- Coordinated lab visits with participants in experiment settings to measure error processing and attention allocation in healthy and anxious/depressed individuals

TEACHING

University of Chicago

- Spring 2021-present **Instructor**
 Clinical Research: Using Clinical Evidence in Decision Making
 Master's level Course, University of Chicago
- Winter 2021-present **Instructor**
 Social Intervention: Research and Evaluation
 Master's level Course, University of Chicago

University of Michigan

- Summers 2017-2019 **Teaching Assistant**
 Mixed Methods Research Certificate
 Online Continuing Education Course, University of Michigan
- Winter 2018 **Instructor**
 Social Work 522: Basic Social Work Research Methods
 MSW Course, University of Michigan
- Fall 2017 **Section Instructor** (3 sections)
 Psychology 111: Introduction to Psychology
 Undergraduate Course, University of Michigan
- Winter 2014
 & Fall 2015 **Peer Facilitator**
 Social Work 531: Foundation Field Seminar
 MSW Course, University of Michigan

UNIVERSITY SERVICE

University of Chicago

- *Faculty Advisor*, Advocates' Forum Student Journal (2021 – 2023)
- *Member*, Admissions Committee (2020 – 2021)
- *Member*, Crown Family School and Chapin Hall Institutional Review Board (2020 – 2023)

University of Michigan

- *Member*, Rackham Task Force on Graduate Student Mental Health (2019-2020)
- *Member*, Black Graduate Conference in Psychology Planning Committee (2019)
- *Vice-President*, Black Student Psychological Association (2017- 2018)
- *Member*, Department of Psychology Diversity Committee (2016 - 2017)
- *Secretary*, Association for Black Social Work Students (2014 - 2015)

Michigan State University

- Counseling Center Campus Engagement and Outreach Ambassador (2011 - 2013)
- College of Arts & Letters Study Away Experience in New York City (Summer 2012)
- Youth Advocate, Ingham County Adolescent Diversion Project (2011 – 2012)

PROFESSIONAL MEMBERSHIPS

American Public Health Association
Association for Behavioral and Cognitive Therapies
Society for the Psychological Study of Social Issues
Society for Social Work and Research

NATIONAL INSTITUTES OF HEALTH (NIH) GRANT REVIEW SERVICE

February 2022 - NIMH

- Special Emphasis Panel, Service Ready Tools for Suicide Prevention, ZMH1 ERB-D (03)

September 2022 - NIMH

- Special Emphasis Panel, Suicide Prevention, ZMH1 ERB-D (01)

March 2023 - NIH Center for Scientific Review (CSR)

- Health Services: Quality and Effectiveness, Mail Reviewer

EDITORIAL BOARDS AND AD HOC REVIEWS

Editorial Board Membership

Cultural Diversity & Ethnic Minority Psychology (2021-present)
Journal of Black Psychology (2020-present)
Psychology of Men & Masculinities (2020-present)

Ad Hoc Reviews

American Journal of Men's Health
Children and Youth Services Review
Journal of Affective Disorders
Journal of American College Health
Journal of Ethnic & Cultural Diversity in Social Work
Psychological Medicine
Social Science & Medicine
Social Work
Social Problems

References

Available upon request